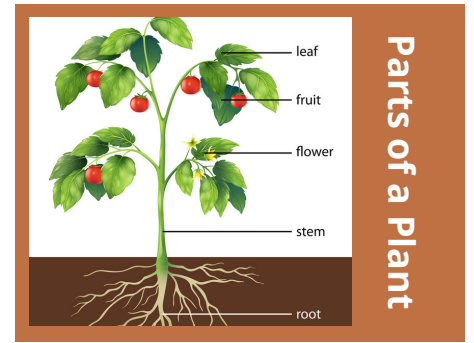


PLANT EXPLORATION!

This week's activity encourages students to think about the fruit and vegetables they eat. MPS school meal boxes include a variety of fresh fruits and vegetables – including Farm to School items from local farms!

The fruits and vegetables we eat grow from different parts of plants including the root, stem, flower, fruit and/or leaf of the plant. Complete the activity below by drawing and documenting what parts of the plant you ate.

For more information about MPS free school meal boxes for all youth 18 & under, please visit: https://cws.mpls.k12.mn.us/2020-21_school_year



**MON
DAY**

Draw: What fruits and vegetable did you eat today?
Draw one here.

Label: What part of the plant did you eat?
Root, stem, flower, fruit, leaf?

The fruit or veggie I ate today came from the _____ of the plant.

Observation notes: Use your five sense - how did it look, taste, smell, sound, feel?

**TUES
DAY**



The fruit or veggie I ate today came from the _____ of the plant.

**WEDN
ESDAY**

The fruit or veggie I ate today came from the _____ of the plant.

**THURS
DAY**



The fruit or veggie I ate today came from the _____ of the plant.

**FRI
DAY**

The fruit or veggie I ate today came from the _____ of the plant.