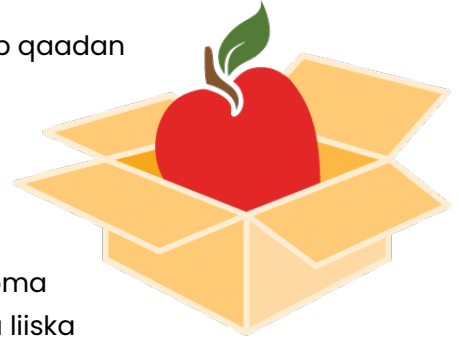


## Baakadaha Cuntada Dugsiga ee Bilaashka ah ee Loogu Talo Galay Dhammaan Dhallinyarada

Dhammaan qoysaska waxaa lagu casuumay inay u soo qaataan sanduuqyada cuntada dugsiga ee bilaashka ah ee carruurtooda. Sanduuqyada cunnada iskuulka waxaa ku jira cunto loogu talo galay toddobaad quraac iyo qado ah, waxayna lagu diyaariyey heerarka sare ee Adeegyada Cunnada & Fayo-qabka ee Dugsiyada Dadweynaha Minneapolis (MPS CWS) ee nafaqada iyo maaddooyinka tayada leh. Sanduuq kasta, carruurta waxay ka heli doonaan waxyaabaha dugsigu jecel yahay, badarka oo dhan, miraha cusub, iyo khudradda. Caano ayaa laga bixiyaa dhinaca.

- Dhamaan dhallinyarada jira 18ka sano ama ka yar way kaqeyb qaadan karaan
- Da'yartu uma baahna in laga qoran yihiin dugsiyada MPS
- Dhallinyarada, waalidiinta, ama walaalaha waxay qaadi karaan hal sanduuq cunug walba, usbuucii
- Ka soo qaado mid ka mid ah 29-ka goobood ee dugsiga - looma baahna diiwaangelin. Ka eeg gadaasha dambe ee warqadda liiska meelaha laga qaato.
- Dhammaan goobaha waxay furan yihiin Isniinta illaa Jimcaha, inta badan laga bilaabo 11-ka subaxnimo ilaa 3-da galabnimo. in yarna waxay kordhiyeen saacadaha 11 subaxnimo ilaa 5 galabnimo.



Ka raadso liiska cuntada ee toddobaadlaha ah, tilmaamaha sida loo kululeeyo iyo macluumaad dheeraad ah [cws.mpls.k12.mn.us/2020-21\\_school\\_year](https://cws.mpls.k12.mn.us/2020-21_school_year)

## Su'aalaha Badanaa La Is Weydiiyo

### Sidee loo maamulaa oo loo maalgeliyaa barnaamijkan cuntada ah?

Dugsiyada Dadweynaha Minneapolis waxay awoodaa inay siiso dhamaan sanduuqyada cuntada bilaashka ah dhamaan carruurta, 18 iyo wixii kayar, iyada oo loo marayo ka tanaasulka muddada-gaaban ah oo ka socda Wasaarada Beeraha ee Mareykanka (USDA). USDA ee maamusha barnaamijkan waxayna siisaa lacag celin MPS CWS cunnooyinka aan bixinno. Marka ka dhaafidaani ay dhacdo, MPS waxay sii wadi doontaa inay ucunto ardayda MPS. Waxaan bulshada la socodsiiin doonnaa dhammaan isbeddelada dhici doona waqtigaas.

### Ilmahaygu ma inuu goobjoog ahaadaa markaan cuntada qaadanayo?

Haddii ilmuhu awoodi kari waayo inuu goobjoog ka ahaado marka uu qaadanayo sanduuqa cuntada - waalid, ilaaliye, ama walaalo ayaa cunto u soo qaadi kara ilmaha aan joogin. Qofka weyn ama walaalku waa inuu diyaar u ahaadaa inuu muujiyo caddeynta aqoonsiga ilmaha. Foomamka aqoonsiga waxaa ka mid noqon kara: kaarka Aqoonsiga dugsiga, kaarka warbixinta dugsiga, diiwaanka xarunta daryeelka carruurta, ama caddeynta dhalashada.

### Miyaan u baahanahay inaan xirto maaskaro markaan soo qaato sanduuqa cuntada dugsiga ee bilaashka ah?

Haa. Shaqaalaha MPS CWS waxay xirtaan maaskarada waxayna ku dhaqmaan kala fogaanshaha bulshada, waxaana ka codsaneynaa isla booqdayaasha oo dhan.



waxaad naga heli kartaa ama naga soo raac! "MPS True Food."

## Goobaha Qaadashada Sanduuqyada Cunnada sanad dugsiyeedka 2020-2021

Khariidadaha goobaha, booqo [https://cws.mpls.k12.mn.us/smb\\_locations](https://cws.mpls.k12.mn.us/smb_locations)

| Magaca & Cinwaanka Goobta Dugsiga                   | Aagga Magaalada * | Lambarka Albaabka | Goobta Albaabka  | Saacada |
|---|-------------------|-------------------|--|---------|
| <b>Andersen</b> 1098 Andersen Ln, 55407             | SE                | <b>21a</b>        | Dhinaca bari ee dhismaha   | 11-3    |
| <b>Anne Sullivan</b> 3100 E 28th St, 55406          | SE                | <b>11</b>         | Dhinaca woqooyi ee dhismaha  | 11-5    |
| <b>Anwatin</b> 256 Upton Ave S, 55405               | NW                | <b>5</b>          | Dhinaca Koonfur-galbeed, hoolka albaabka   | 11-3    |
| <b>Barton</b> 4237 Colfax Ave S, 55409              | SW                | <b>1</b>          | Dhinaca waqooyi-bari ee dhismaha   | 11-5    |
| <b>Bethune</b> 919 Emerson Ave N, 55411             | NW                | <b>6</b>          |  | 11-3    |
| <b>Cityview</b> 3350 N 4th St, 55412                | NW                | <b>14</b>         | Albaabka heerka hoose ee garoonka ciyaarta   | 11-3    |
| <b>Edison</b> 700 22nd Ave NE, 55418                | NE                | <b>10</b>         | marka laga soo leexo wadada Monroe Street NE   | 11-5    |
| <b>Emerson</b> 1421 Spruce Pl, 55403                | C                 | <b>10</b>         | Dhinaca bari ee dhismaha   | 11-3    |
| <b>Folwell</b> 3611 20th Ave S, 55407               | SE                | <b>1</b>          | Dhinaca koonfureed ee dhismaha maxkamadda kubbadda koleyga   | 11-3    |
| <b>Green Central</b> 3416 4th Ave S, 55408          | SE                | <b>12</b>         | Qeybta dambe ee dhismaha agagaarka laga galo rugta caafimaadka   | 11-3    |
| <b>Harvest Olson</b> 1300 Olson Memorial Hwy, 55411 | NW                |                   | 7th Street N, dhinaca woqooyi ee Harvest Olson   | 11-3    |
| <b>Henry</b> 4320 N Newton Ave, 55412               | NW                | <b>6</b>          | Goob gawaarida la dhigto oo ka baxsan jimicsiga  | 11-3    |
| <b>Heritage Academy</b> 1042 18th Ave SE, 55414     | NE                | <b>6</b>          | Albaab ku yaal goobta ciyaarta ee ka baxsan 19th Avenue SE   | 11-3    |
| <b>Hmong Academy</b> 1501 N 30th Ave, 55411         | NW                | <b>1</b>          | Halka laga soo galo dugsiga  | 11-3    |
| <b>Jenny Lind</b> 5025 N Bryant Ave, 55430          | NW                | <b>1</b>          | Off 51st Avenue N  | 11-3    |
| <b>Keewaydin</b> 5209 30th Ave S, 55417             | SE                | <b>3</b>          | Dhinaca koonfureed ee laga galo albaabka 53rd Street   | 11-3    |
| <b>Lucy Laney</b> 3333 Penn Ave N, 55412            | NW                | <b>3</b>          |  | 11-5    |
| <b>Lyndale</b> 312 W 34th St, 55408                 | SW                | <b>4C</b>         | Dhinaca Koonfureed ee dhismaha   | 11-3    |
| <b>Nellie Stone Johnson</b> 807 N 27th Ave, 55411   | NW                | <b>3</b>          | Dugsiga hortiisa kafateeriyada   | 11-3    |
| <b>North</b> 1500 James Ave N, 55411                | NW                | <b>13</b>         | Dhinaca woqooyi ee dhismaha 16th Ave N   | 11-3    |
| <b>Northeast</b> 2955 Hayes St NE, 55418            | NE                | <b>2</b>          | Albaabka isku xidhka aagga Hayes Street NE   | 11-3    |
| <b>Roosevelt</b> 4029 S 28th Ave, 55406             | SE                | <b>5</b>          | Dhinaca bari ee dugsiga sare ee wadada 30th S  | 11-5    |
| <b>Sanford</b> 3524 42nd Ave S, 55406               | SE                | <b>4</b>          | Dhinaca Galbeed ee dhismaha ka soo horjeedka iridda weyn ee laga baxo wadada 41st  | 11-3    |
| <b>South</b> 3131 S 19th Ave, 55407                 | SE                | <b>20</b>         | Meesha baabuurta la dhigto ee laga baxo wadada 20aad.  | 11-3    |
| <b>Waite Park</b> 1800 34th Ave NE, 55418           | NE                | <b>18</b>         | Albaab dhinac ah xagga hore ee dugsiga   | 11-3    |
| <b>Webster</b> 425 5th St NE, 55413                 | NE                | <b>5</b>          | Barxada weyn ee kafateeriyada ee iskuulka hortiisa   | 11-3    |
| <b>Wellstone</b> 3328 Elliot Ave., 55407            | SE                | <b>11</b>         | Isgoyska Elliot Ave S & E 33 ½ Street  | 11-3    |
| <b>Whittier</b> 315 W 26th St, 55404                | SW                | <b>19</b>         |  | 11-5    |
| <b>Windom</b> 5821 Wentworth Ave, 55419             | SW                |                   | Barxadda gawaarida la dhigto ee Koonfur-bari, oo laga soo galo xarunta warbaahinta, meesha laga galo goobta baabuurta la dhigto waxay ku taal Wentworth Ave. | 11-3    |

\*City Areas: C=Central, NE=Northeast, NW=Northwest, SE=Southeast, SW=Southwest