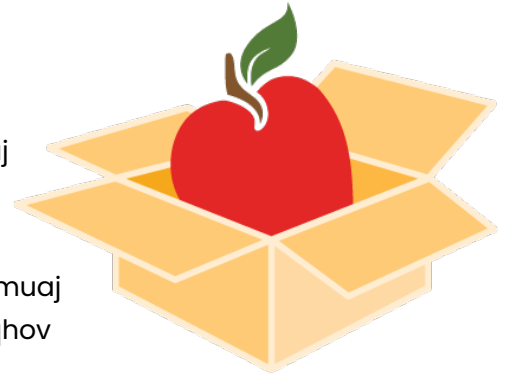


## Cov Thawv Zaub Mov Noj Dawb rau Txhua Tus Menyuum

Thov caw txhua tsevneeg tuaj nqa cov thawv zaub mov noj dawb rau lawv cov menyuum. Cov tsev kawm ntawv cov thawv zaub mov noj muaj tshais thiab su noj rau ib lub lim piam uas raws li hauv lub Minneapolis Public Schools Culinary & Wellness Services' (MPS CWS) kev noj thiab khoom noj zoo. Nyob rau hauv txhua lub thawv, cov menyuum yuav muaj yam uas lawv nyiam noj, whole grains, txiv hmab txiv ntoo thiab zaub noj tshiab. Muaj mis nyuj yog xav tau.

- Txhua tus menyuum 18 xyoo & qis dua yeej tuaj nqa tau
- Cov menyuum tsis tas yog kawm ntawv hauv MPS
- Cov menyuum, niamtxiv, lossis menyuum hauv tsev yeej tuaj nqa tau ib thawv rau ib tus menyuum, ntawm ib lub lim piam
- Nqa qhov twg los tau ntawm 29 lub tsev kawm ntawv – tsis muaj kev sau npe. Saib sab nraum daim ntawv qhia no txog cov qhov chaw tuaj nqa.
- Txhua qhov chaw qhib hnuv Monday txog Friday, txhua qhov 11 a.m. txog 3 p.m. thiab ib co qhib ntev li ntawm 11 a.m. txog 5 p.m.



Saib qhov qhia cov khoom noj txhua lub lim piam, kev qhia rhaub kom sov thiab ntau yam ntixv ntawm

[cws.mpls.k12.mn.us/2020-21\\_school\\_year](https://cws.mpls.k12.mn.us/2020-21_school_year)

## Cov Lus Muaj Ntau Zaus Nug

### Qhov kev nthuav tuaj nqa zaub mov noj ua licas thiab tau nyiaj qhov twg los?

MPS los muab tau cov thawv zaub mov noj dawb rau txhua tus menyuum, 18 xyoo thiab qis dua, los ntawm qhov kev zam rau ib lub sijhawm luv los ntawm lub U.S. Department of Agriculture (USDA). Lub USDA los ua qhov kev nthuav ua thiab ntixv nyiaj rov qab rau MPS lub CWS rau cov zaub mov noj uas peb tau muab rau sawv daws noj. Thaum qhov kev zam tsis muaj lawm, MPS tseem yuav muab cov zaub mov noj rau cov menyuum noj. Peb mam qhia rau lub zejzoz paub txhua yam kev hloov uas pib rau thaum ntawm.

### Kuv tus menyuum puas yuav tsum nrog tuaj thaum tuaj nqa cov zaub mov noj?

Yog koj tus menyuum tuaj tsis tau thaum tuaj nqa lawv cov thawv zaub mov noj – niamtxiv, tus saib xyuas lossis menyuum yeej tuaj nqa tau rau tus uas tuaj tsis tau. Cov neeg laus lossis menyuum yuav tau npaj qhia tau qhov tseeb ntawm tus menyuum. Cov ntaub ntawv nqa tuaj yog: school ID card, daim ntawv report card, ntawv los tom qhov chaw zov menyuum, lossis daim ntawv yug pom thawj.

### Kuv puas siv lub khwb ntsej muag thaum tuaj nqa cov thawv zaub mov noj?

Siv. MPS CWS cov neeg ua haujlwm siv cov khwb ntsej muag thiab nyob sib nruq, thiab peb xav hais kom ua tib rau txhua tus neeg uas tuaj.



Nhriav peb thiab raws peb! Xyuas rau qhov "MPS True Food."

## 2020-2021 Cov Qhov Chaw Tuaj Nqa Tsev Kawm Ntawv Cov Thawv Zaub Mov Noj

Cov qhov chaw hauv daim map, xyuas [https://cws.mpls.k12.mn.us/smb\\_locations](https://cws.mpls.k12.mn.us/smb_locations)

| Tsev Kawm Npe & Chaw Nyob                           | Cheeb Tsam* | Qhov Roj Number | Cheeb tsam ntawm lub qhov roj   | Sijhawm |
|---|-------------|-----------------|---|---------|
| <b>Andersen</b> 1098 Andersen Ln, 55407             | SE          | <b>21a</b>      | Hnub tuaj ntawm lub tsev kawm ntawv   | 11-3    |
| <b>Anne Sullivan</b> 3100 E 28th St, 55406          | SE          | <b>11</b>       | Qaum teb ntawm lub tsev kawm ntawv  | 11-5    |
| <b>Anwatin</b> 256 Upton Ave S, 55405               | NW          | <b>5</b>        | Sab qab teb hnub poob, auditorium lub qhov roj  | 11-3    |
| <b>Barton</b> 4237 Colfax Ave S, 55409              | SW          | <b>1</b>        | Sab qaum teb hnub tuaj ntawm lub tsev kawm ntawv  | 11-5    |
| <b>Bethune</b> 919 Emerson Ave N, 55411             | NW          | <b>6</b>        |   | 11-3    |
| <b>Cityview</b> 3350 N 4th St, 55412                | NW          | <b>14</b>       | Lub qhov roj nqis rau theem hauv los ntawm lub chaw ua si   | 11-3    |
| <b>Edison</b> 700 22nd Ave NE, 55418                | NE          | <b>10</b>       | Lub qhov roj nyob rau ntawm txoj kev Monroe Street NE   | 11-5    |
| <b>Emerson</b> 1421 Spruce Pl, 55403                | C           | <b>10</b>       | Sab hnub tuaj ntawm lub tsev kawm ntawv   | 11-3    |
| <b>Folwell</b> 3611 20th Ave S, 55407               | SE          | <b>1</b>        | Sab qab teb ntawm lub tsev kawm ntawv ze qhov chaw pob basketball   | 11-3    |
| <b>Green Central</b> 3416 4th Ave S, 55408          | SE          | <b>12</b>       | Sab qab tsev kawm ntawv ze qhov nkag rau hauv lub clinic  | 11-3    |
| <b>Harvest Olson</b> 1300 Olson Memorial Hwy, 55411 | NW          |                 | Txoj kev 7th Street N, north sab ntawm Harvest Olson  | 11-3    |
| <b>Henry</b> 4320 N Newton Ave, 55412               | NW          | <b>6</b>        | Cov neeg ua haujlwm nres tsheb rau hauv chaw ua si  | 11-3    |
| <b>Heritage Academy</b> 1042 18th Ave SE, 55414     | NE          | <b>6</b>        | Lub qhov roj ze qhov chaw ua si ntawm txoj kev 19th Avenue SE   | 11-3    |
| <b>Hmong Academy</b> 1501 N 30th Ave, 55411         | NW          | <b>1</b>        | Lub qhov roj nkag rau hauv tsev kawm ntawv  | 11-3    |
| <b>Jenny Lind</b> 5025 N Bryant Ave, 55430          | NW          | <b>1</b>        | Ntawm txoj kev 51st Avenue N  | 11-3    |
| <b>Keewaydin</b> 5209 30th Ave S, 55417             | SE          | <b>3</b>        | Sab qab teb ntawm lub tsev kawm ntawv lub qhov roj ntawm 53rd Street E  | 11-3    |
| <b>Lucy Laney</b> 3333 Penn Ave N, 55412            | NW          | <b>3</b>        |   | 11-5    |
| <b>Lyndale</b> 312 W 34th St, 55408                 | SW          | <b>4C</b>       | Sab qab teb ntawm lub tsev kawm ntawv   | 11-3    |
| <b>Nellie Stone Johnson</b> 807 N 27th Ave, 55411   | NW          | <b>3</b>        | Lub qhov roj pem hauv ntej tawm ntawm lub chaw noj mov  | 11-3    |
| <b>North</b> 1500 James Ave N, 55411                | NW          | <b>13</b>       | Sab qaum teb ntawm lub tsev kawm ntawm 16th Ave N   | 11-3    |
| <b>Northeast</b> 2955 Hayes St NE, 55418            | NE          | <b>2</b>        | Lub qhov roj tawm ntawm txoj kev Hayes Street NE  | 11-3    |
| <b>Roosevelt</b> 4029 S 28th Ave, 55406             | SE          | <b>5</b>        | Sab hnub tuaj ntawm lub high school tawm ntawm txoj kev 30th Ave S  | 11-5    |
| <b>Sanford</b> 3524 42nd Ave S, 55406               | SE          | <b>4</b>        | Sab hnub poob ntawm lub tsev kawm ntawv nyob opposite lub qhov roj nkag ntawm txoj kev 41st Avenue S                      | 11-3    |
| <b>South</b> 3131 S 19th Ave, 55407                 | SE          | <b>20</b>       | Qhov chaw nres tsheb tau tawm ntawm Txoj Kev 20.  | 11-3    |
| <b>Waite Park</b> 1800 34th Ave NE, 55418           | NE          | <b>18</b>       | lb sab qhov roj ntawm qhov hauv ntej nkag rau tsev kawm ntawv   | 11-3    |
| <b>Webster</b> 425 5th St NE, 55413                 | NE          | <b>5</b>        | Lub qhov roj loj hauv ntej ntawm lub tsev kawm ntawv  | 11-3    |
| <b>Wellstone</b> 3328 Elliot Ave., 55407            | SE          | <b>11</b>       | Qhov kev sib tshuam ntawm Elliot Ave S & E 33 ½ Street  | 11-3    |
| <b>Whittier</b> 315 W 26th St, 55404                | SW          | <b>19</b>       |   | 11-5    |
| <b>Windom</b> 5821 Wentworth Ave, 55419             | SW          |                 | Qhov chaw nres tsheb ntau, qhov roj los ntawm chaw chaw tshaj xov xwm, qhov chaw nres tsheb nkag yog ntawm Wentworth Ave. | 11-3    |

\*City Areas: C=Central, NE=Northeast, NW=Northwest, SE=Southeast, SW=Southwest