

2017

MAY Satellite + Salad Bar



M

T

W

T

F

CHOICES

SIDES

1 HAMBURGER OR BAGEL YOGURT PACK

BAKED BEANS

SALAD BAR

2 CHICKEN OR BEAN NACHOS OR TACO SALAD/BLACK BEAN TACO SALAD WITH TORTILLA CHIPS

CORN

SALAD BAR WITH MY ROCKIN' BEAN SALAD

3 CHICKEN A LA KING WITH RICE OR TURKEY BOLOGNA & CHEESE SANDWICH

ROASTED DICED POTATOES

SALAD BAR WITH MY ROCKIN' BEAN SALAD

4 CHICKEN DRUMSTICK OR CHEF SALAD

ROASTED DICED POTATOES

SALAD BAR WITH MY ROCKIN' BEAN SALAD

5 CHEESE PIZZA OR COLD CUT COMBO SUB

SALAD BAR

MPS WELLNESS WEEK #MPSWELLNESSWEEK



8 CHICKEN PATTY SANDWICH OR BAGEL YOGURT PACK

POTATO WEDGES

SALAD BAR

9 SWEDISH MEATBALLS WITH ROTINI NOODLES OR CHICKEN CAESAR SALAD

PEAS

SALAD BAR WITH QUINOA TABBOULEH

10 CHICKEN ALFREDO/ PASTA ALFREDO OR DELI TURKEY & CHEESE SANDWICH

STEAMED CARROTS

SALAD BAR WITH QUINOA TABBOULEH

11 #MNTHURS FERNDALE TURKEY TACOS, BLACK BEANS SALSA LISA OR CHICKEN CAESAR SALAD

MIXMI CHOCOLATE FROZEN YOGURT

SALAD BAR WITH QUINOA TABBOULEH

12 CHEESE OMELET WITH PANCAKES OR COLD CUT COMBO SUB

ROASTED BREAKFAST POTATOES

SALAD BAR

CHOICES

SIDES

15 ALL BEEF HOT DOG OR BAGEL YOGURT PACK

POTATO WEDGES

SALAD BAR

16 CHICKEN OR BEAN NACHOS OR TACO SALAD/BLACK BEAN TACO SALAD WITH TORTILLA CHIPS

MARKET CART SALAD BAR WITH JALISCO BEAN SALAD

17 LASAGNA ROLL OR TURKEY BOLOGNA & CHEESE SANDWICH

GREEN BEANS

MARKET CART SALAD BAR WITH JALISCO BEAN SALAD

18 TERIYAKI CHICKEN DRUMSTICK WITH YELLOW RICE OR CHEF SALAD

GREEN BEANS

MARKET CART SALAD BAR WITH JALISCO BEAN SALAD

19 CHEESE PIZZA OR COLD CUT COMBO SUB

COUNTRY VEG MEDLEY

SALAD BAR

CHOICES

SIDES

22 HAMBURGER OR BAGEL YOGURT PACK

BAKED BEANS

SALAD BAR

23 PANCAKES & TURKEY SAUSAGES OR CHICKEN CAESAR SALAD

ROASTED BREAKFAST POTATOES

MARKET CART SALAD BAR WITH CURRIED RICE SALAD

24 CHICKEN TACOS WITH TOPPING OR DELI TURKEY & CHEESE SANDWICH

MASHED POTATOES DINNER ROLL

MARKET CART SALAD BAR WITH CURRIED RICE SALAD

25 TURKEY & GRAVY OR CHICKEN CAESAR SALAD

MASHED POTATOES DINNER ROLL

MARKET CART SALAD BAR WITH CURRIED RICE SALAD

26 POTATO CRUSTED FISH FILLET WITH MAC & CHEESE OR COLD CUT COMBO SUB

FIESTA CORN

SALAD BAR

CHOICES

SIDES

29 No School

30 CHICKEN PATTY SANDWICH OR BAGEL YOGURT PACK

POTATO WEDGES

SALAD BAR

31 CHICKEN A LA KING WITH RICE OR TURKEY BOLOGNA & CHEESE SANDWICH

SALAD BAR

KNOW YOUR FOOD



MEATLESS OPTION AVAILABLE



FARM TO SCHOOL ITEM



CONTAINS FISH



OUR BAKED GOODS ARE WHOLE GRAIN



SKIM & 1% MILK AVAILABLE DAILY

The U.S. Department of Agriculture (USDA) prohibits discrimination against its customers, employees, and applicants for employment on the bases of race, color, national origin, age, disability, sex, gender identity, religion, reprisal, and where applicable, political beliefs, marital status, familial or parental status, sexual orientation, or all or part of an individual's income is derived from any public assistance program, or protected genetic information in employment or in any program or activity conducted or funded by the Department. (Not all prohibited bases will apply to all programs and/or employment activities.)