

2017

APRIL

Satellite + Salad Bar



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# Spring Break No School

CHOICES

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10 HAMBURGER OR BAGEL YOGURT PACK

POTATO WEDGES

SALAD BAR

11 SWEDISH MEATBALLS WITH ROTINI NOODLES OR CHICKEN CAESAR SALAD

GREEN PEAS

SALAD BAR WITH OOH LALA SALAD (ROOTS FOR THE HOME TEAM)

12 CHICKEN TACOS WITH BLACK BEANS & TOPPINGS OR DELI TURKEY & CHEESE SANDWICH

BLACK BEANS

SALAD BAR WITH OOH LALA SALAD (ROOTS FOR THE HOME TEAM)

13 #MNTHURS JR. IRON CHEF WINNING BBQ CHICKEN OR CHICKEN CAESAR SALAD

DIRTY GRAIN BLEND GINGERED RADISH SALAD KAKOOKIE

SALAD BAR

14 CHEESE OMELET WITH PANCAKES OR COLD CUT COMBO SUB

BREAKFAST POTATOES

SALAD BAR

17 CHICKEN PATTY SANDWICH OR BAGEL YOGURT PACK

POTATO WEDGES

SALAD BAR

18 BEEF OR BEAN NACHOS OR TACO SALAD/BLACK BEAN TACO SALAD WITH TORTILLA CHIPS

MARKET CART SALAD BAR WITH JALISCO BEAN SALAD

19 LASAGNA ROLL OR TURKEY BOLOGNA & CHEESE SANDWICH

GREEN BEANS

MARKET CART SALAD BAR WITH JALISCO BEAN SALAD

20 TERIYAKI CHICKEN DRUMSTICK WITH YELLOW RICE OR CHEF SALAD

GREEN BEANS

MARKET CART SALAD BAR WITH JALISCO BEAN SALAD

21 CHEESE PIZZA OR COLD CUT COMBO SUB

COUNTRY VEG MEDLEY

SALAD BAR

24 TURKEY BURGER OR BAGEL YOGURT PACK

BAKED BEANS

SALAD BAR

25 PANCAKES WITH TURKEY SAUSAGES OR CHICKEN CAESAR SALAD

BREAKFAST POTATOES

MARKET CART SALAD BAR WITH CURRIED RICE SALAD

26 CHICKEN ALFREDO/ PASTA ALFREDO OR DELI TURKEY & CHEESE SANDWICH

STEAMED CARROTS

MARKET CART SALAD BAR WITH CURRIED RICE SALAD

27 TURKEY & GRAVY OR CHICKEN CAESAR SALAD

MASHED POTATOES


MARKET CART SALAD BAR WITH CURRIED RICE SALAD

28 POTATO CRUSTED FISH FILLET WITH MAC & CHEESE OR COLD CUT COMBO SUB

FIESTA CORN

SALAD BAR

**Save the Date!**  
**3rd Annual Junior Iron Chef Competition**  
 May 8th, 5:30 - 7:30pm  
*Free and open to the public!*  
 For more information, visit: [nutritionservices.mpls.k12.mn.us/junior\\_iron\\_chef](http://nutritionservices.mpls.k12.mn.us/junior_iron_chef)



## KNOW YOUR FOOD

 MEATLESS OPTION AVAILABLE

 FARM TO SCHOOL ITEM

 CONTAINS FISH

 OUR BAKED GOODS ARE WHOLE GRAIN

 SKIM & 1% MILK AVAILABLE DAILY

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