

2017

APRIL
On-Site Lunch



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Spring Break No School

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SIDES

10 HAMBURGER OR BAGEL YOGURT PACK

TATER TOTS

SALAD BAR

11 SWEDISH MEATBALLS WITH ROTINI NOODLES OR CHICKEN CAESAR SALAD

GREEN PEAS

SALAD BAR WITH OOOH LALA SALAD (ROOTS FOR THE HOME TEAM)

12 CHICKEN TACOS WITH TOPPINGS OR DELI TURKEY & CHEESE SANDWICH

BLACK BEANS

SALAD BAR WITH OOOH LALA SALAD (ROOTS FOR THE HOME TEAM)

13 #MNTHURS JR IRON CHEF WINNING BBQ CHICKEN OR CHICKEN CAESAR SALAD

DIRTY GRAIN BLEND, GINGERED RADISH SALAD, KAKOOKIE

SALAD BAR

14 CHEESE OMELET WITH PANCAKES OR COLD CUT COMBO SUB

ROASTED POTATOES

SALAD BAR

17 CHICKEN PATTY SANDWICH OR BAGEL YOGURT PACK

SWEET POTATO WAFFLE FRIES

SALAD BAR

18 BEEF OR BEAN NACHOS OR TACO SALAD/BLACK BEAN TACO SALAD WITH TORTILLA CHIPS

MARKET CART SALAD BAR WITH JALISCO BEAN SALAD

MARKET CART SALAD BAR WITH JALISCO BEAN SALAD

19 CHICKEN FRIED RICE OR TURKEY BOLOGNA & CHEESE SANDWICH

ROASTED CARROTS

MARKET CART SALAD BAR WITH JALISCO BEAN SALAD

20 FRENCH HERB CHICKEN, DINNER ROLL OR CHEF SALAD

PARSLEY BUTTERED POTATOES, GREEN BEANS

MARKET CART SALAD BAR WITH JALISCO BEAN SALAD

21 GARLIC CHEESE BREAD WITH MARINARA OR COLD CUT COMBO SUB

CALIFORNIA VEGETABLE BLEND

SALAD BAR

24 TURKEY BURGER OR BAGEL YOGURT PACK

BAKED BEANS

SALAD BAR

25 GRILLED CHEESE & TOMATO SOUP OR CHICKEN CAESAR SALAD

MARKET CART SALAD BAR WITH CURRIED RICE SALAD

MARKET CART SALAD BAR WITH CURRIED RICE SALAD

26 CHICKEN ALFREDO/PASTA ALFREDO OR DELI TURKEY & CHEESE SANDWICH

SOUTHWEST RICE, CORN

MARKET CART SALAD BAR WITH CURRIED RICE SALAD

27 CHICKEN & CHEESE OR BLACK BEAN & CHEESE QUESADILLA OR CHICKEN CAESAR SALAD

SOUTHWEST RICE, CORN

MARKET CART SALAD BAR WITH CURRIED RICE SALAD

28 POTATO CRUSTED FISH FILLET WITH MAC & CHEESE OR COLD CUT COMBO SUB

COUNTRY VEG MEDLEY

SALAD BAR

Save the Date!

3rd Annual Junior Iron Chef Competition

May 8th, 5:30 - 7:30pm

Free and open to the public!


For more information, visit: nutritionservices.mpls.k12.mn.us/junior_iron_chef



KNOW YOUR FOOD

 MEATLESS OPTION AVAILABLE

 FARM TO SCHOOL ITEM

 CONTAINS FISH

 OUR BAKED GOODS ARE WHOLE GRAIN

 SKIM & 1% MILK AVAILABLE DAILY

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