

Minnesota Thursdays!

Lunch on the **first Thursday of every month** will feature all Minnesota-grown ingredients! It's a special way to highlight our Farm to School program and provide fresh, seasonal, delicious lunch options for students.



Help spread the word –March 9th is Minnesota Thursday!

MENU: On March 9th, lunch will include:

- Pot Roast from 1000 Hills Cattle Company (*Cannon Falls, MN*)
- Parsley Buttered Potatoes, Carrots and Beets from Hugh's Gardens (*Halstad, MN*) and Open Hands Farm (*Northfield, MN*), or 5th Season Coop (*Viroqua, WI*)
- Whole Wheat Roll from Pan O Gold (*Minneapolis, MN*)
- Vanilla Cupcake Frozen Yogurt from Mixmi Frozen Yogurt (*Minneapolis, MN*)

NEWSLETTER BLURB: Lunch at school on the first Thursday of every month features seasonal, Minnesota-grown ingredients! Minnesota Thursdays help us highlight local farmers, ranchers, and companies while providing fresh, seasonal options for our students. On March 9th, lunch will include pot roast from 1000 Hills Cattle Company in Cannon Falls, MN and parsley potatoes, carrots, and beets. Find more information, including a map of our farmers, at <http://bit.ly/MNThurs>.

PA/LUNCHROOM ANNOUNCEMENT: Did you know that today is Minnesota Thursday? That means that school lunch today features fresh food from farms just a few miles away from the Twin Cities! For example, the roasted carrots are from Northfield, MN just 43 miles away. And remember, MN Thursday happens on the first Thursday of every month! Enjoy the fresh food from our farmer neighbors!



Farmers Ben and Erin with their daughter at Open Hands Farm

Learn more about Minnesota Thursdays at <http://bit.ly/MNThurs>

