

Minnesota Thursday Worksheet

March 9th, 2017



We serve an entirely locally-sourced meal the first Thursday of every month! Here are some fun activities that go along with this month's Minnesota Thursday menu. You can find a map of farmers, videos and more at: http://nutritionservices.mpls.k12.mn.us/minnesota_thursdays.html

What's in your school lunch on March 9th?

- **Pot Roast** 1000 Hills Cattle Company (Cannon Falls, MN)
- **Roasted Potatoes, Carrots and Beets** Hugh's Gardens (Halstad, MN) and Open Hands Farm (Northfield, MN) or 5th Season Coop (Viroqua, WI)
- **Whole Wheat Roll** Pan O Gold (Minneapolis, MN)
- **Vanilla Cupcake Frozen Yogurt** Mixmi Frozen Yogurt (Minneapolis, MN)

Did you know that potatoes, carrot, and beets all grow underground?

See if you can match the leaves with the vegetable growing underneath!



Potatoes

Carrots

Beets

Veggie Jokes:

1. Why did the people dance to the vegetable band?
2. What is a vegetable's favorite martial art?
3. What do you call a nosy pepper?
4. What's the coolest vegetable?

1. Because it had a good beet
2. Carrot-el
3. Jalapeño business
4. A rad-ish

