

2017

# JUNE Middle School Lunch



M

T

W

T

F

CHOICES

SIDES

CHOICES

SIDES

CHOICES

SIDES

**1** BBQ CHICKEN WITH AU GRATIN POTATOES  
CHOICE OF DELI SANDWICH  
CHEF SALAD

**SALAD BAR**

**2** CHEESE OR BEEF PEPPERONI PIZZA  
CHICKEN BURRITO BOWL WITH BLACK BEANS & TOPPING  
CHEF SALAD

**SALAD BAR**

**5** SHEPHERD'S PIE BREADSTICKS  
BBQ PULLED PORK SANDWICH, TATER TOTS  
BAGEL YOGURT PACK

**SALAD BAR**

**6** SWEDISH MEATBALLS WITH NOODLES  
CHOICE OF DELI SANDWICH  
CHICKEN CAESAR SALAD

MASHED POTATOES

**MARKET CART SALAD BAR WITH QUINOA TABBOULEH**

**7** LASAGNA ROLL WITH GARLIC TOAST  
BBQ PULLED PORK SANDWICH, TATER TOTS  
CHICKEN CAESAR SALAD

**MARKET CART SALAD BAR WITH QUINOA TABBOULEH**

**8** ORANGE CHICKEN WITH SOBA NOODLES  
CHOICE OF DELI SANDWICH  
CHICKEN CAESAR SALAD

CHEF'S CHOICE VEGETABLE

**MARKET CART SALAD BAR WITH QUINOA TABBOULEH**

**9** CHEESE OR BEEF PEPPERONI PIZZA  
BRASA'S CURRIED CHICKEN WITH RICE, PICKLED PINEAPPLE & PEPPERS  
CHICKEN CAESAR SALAD

**SALAD BAR**

**12** SWEET & SPICY CHICKEN SANDWICH  
SWEET POTATO WAFFLE FRIES  
CHOICE OF DELI SANDWICH  
BAGEL YOGURT PACK

**SALAD BAR**

**13** CHEF'S CHOICE  
CHOICE OF DELI SANDWICH  
TACO SALAD OR BLACK BEAN TACO SALAD WITH TORTILLA CHIPS

**MARKET CART SALAD BAR**

**14** CHEF'S CHOICE  
CHOICE OF DELI SANDWICH  
TACO SALAD OR BLACK BEAN TACO SALAD WITH TORTILLA CHIPS

**MARKET CART SALAD BAR**

## KNOW YOUR FOOD



MEATLESS OPTION AVAILABLE



FARM TO SCHOOL ITEM



CONTAINS FISH



CONTAINS PORK



TRUE FOOD CHEF COUNCIL RECIPE



OUR BAKED GOODS ARE WHOLE GRAIN



SKIM & 1% MILK AVAILABLE DAILY

The U.S. Department of Agriculture (USDA) prohibits discrimination against its customers, employees, and applicants for employment on the bases of race, color, national origin, age, disability, sex, gender identity, religion, reprisal, and where applicable, political beliefs, marital status, familial or parental status, sexual orientation, or all or part of an individual's income is derived from any public assistance program, or protected genetic information in employment or in any program or activity conducted or funded by the Department. (Not all prohibited bases will apply to all programs and/or employment activities.)