

MN Thursday!

Lunch on the **first Thursday of every month** will feature all Minnesota-grown ingredients! It's a special way to highlight our Farm to School program and provide fresh, seasonal, delicious lunch options for students.



Help spread the word – March 1st is Minnesota Thursday!

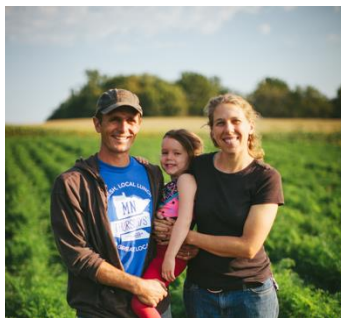
MENU: On March 1st, lunch will include:

- **Chef Shack Turkey Nachos:**
 - ⇒ Turkey--Ferndale Market (Cannon Falls, MN)
 - ⇒ Tortilla Chips--Barrel O' Fun (Perham, MN)
 - ⇒ Salsa--Salsa Lisa (Minneapolis, MN)
- **Beauty Heart Radishes:** Open Hands Farm (Northfield, MN)
- **Mint Frozen Yogurt:** Mixmi (Minneapolis, MN)



NEWSLETTER BLURB: Lunch at school on the first Thursday of every month features seasonal, Minnesota-grown ingredients! Minnesota Thursdays help us highlight local farmers, ranchers, and companies while providing fresh, seasonal options for our students. On March 1st, lunch will include Turkey Nachos made with free-range turkey from Ferndale Market, Minnesota-made tortilla chips, and fresh, local salsa! The nacho recipe comes from Chef Shack, a Minneapolis restaurant and member the True Food Chef Council. For more info, go to http://nutritionservices.mpls.k12.mn.us/minnesota_Thursdays.

PA/LUNCHROOM ANNOUNCEMENT: Did you know that today is Minnesota Thursday? That means that school lunch today features fresh food from farms just a few miles away from the Twin Cities! For example, the Beauty Heart Radishes come from Open Hands Farm in Northfield, only 35 miles away from Minneapolis! Remember, MN Thursday happens on the first Thursday of every month! Enjoy the fresh food from our farmer neighbors!



Meet the Ben Doherty and Erin Johnson, owners of Open Hands Farm in Northfield, MN! Ben and Erin grow carrots, radishes, and kale for Minneapolis Public Schools.

**Learn more about Minnesota Thursdays at
<http://bit.ly/MNThurs>**

