



**Chana Masala ~ May 2018**  
**English and Social Studies Worksheet**

**1. Geography**

Chana Masala is a dish popular in India. Can you answer some questions about this country by looking at a map?

A. What is the capital of India?

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B. Which continent does India belong to?

\_\_\_\_\_

C. What is the name of the mountain range that goes through India?

\_\_\_\_\_

D. How many countries share a border with India?

\_\_\_\_\_



**2. Adjectives**

Chana Masala is a fun dish that is hard to get tired of because of its many flavors! Pretend you are describing this dish to a friend that has never tried it before. How many adjectives, or describing words, can you come up with for this dish?

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### 3. Farm to School

The tomatoes, like the ones in your Chana Masala, have quite a journey to get to your plate! Can you put its story in the correct order?

- a. \_\_\_\_ Once the tomatoes are ready to be harvested, farmers pick the tomatoes off the plants. the soil around the carrots and pull the carrots out from the soil
- b. \_\_\_\_ The chana masala is warmed up, put into small sample cups and distributed to students during lunch.
- c. \_\_\_\_ Once the tomato seedlings are mature and sturdy, farmers *transplant* the seedling into fields outside of the greenhouse.
- d. \_\_\_\_ The diced tomatoes are delivered to the MPS Culinary Center where they are cooked with chick peas, onions, and spices to make the chana masala.
- e. \_\_\_\_ Farmers plant tomato seeds in soil in a greenhouse.
- f. \_\_\_\_ The chana masala is put into into containers and driven to your school, along with other fun taste test supplies
- g. \_\_\_\_ As the tomato plants grow, tomatoes begin to grow on the plant.
- h. \_\_\_\_ Students taste samples of chana masala! YUM!
- i. \_\_\_\_ Tomatoes are driven to a processing warehouse where they are washed, diced, and canned. Canning is a method of preservation to help fruits and vegetables last longer!
- j. \_\_\_\_ Using water, sunlight, and nutrients from the soil, the tomato seeds sprout green tomato leaves from the soil.

### 4. Food and culture

Chickpeas are a staple ingredient in many Indian, Middle Eastern, and Mediterranean dishes. They have many names, depending on where you are in the world! Try to match the name of this legume crop with its country!

<b>Word bank:</b>	Ethiopia	Turkey	Latin America	India	North America
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- a. Garbanzo Bean: \_\_\_\_\_
- b. Lablabi: \_\_\_\_\_
- c. Chickpea: \_\_\_\_\_
- d. Shimbra: \_\_\_\_\_
- e. Chana: \_\_\_\_\_

Answers  
 1. A) New Delhi, B) Continent of Asia, C) Himalayas, D) 7 countries  
 3. a=5, b=9, c=3, d=7, e=1, f=8, g=4, h=10, i=6, j=2  
 4. a. Latin America, b. Turkey, c. North America, d. Ethiopia, e. India