



MPS Culinary & Wellness Services and the True Food Chef Council are looking for middle school (6-8<sup>th</sup> grade) students to apply to participate in the 3<sup>rd</sup> Annual MPS Jr Iron Chef Competition! Selected students will be paired with chefs from the [True Food Chef Council](#) to compete top-chef style for a panel of judges. The purpose of this event is to raise awareness about MPS' shift to fresh, scratch-cooked meals and to get students excited about good food!

**When:** Monday, May 8th from 5:30-7:30pm (Participants will need to arrive around 4:30pm)

**Where:** Solar Arts by Chowgirls, 711 NE 15th Avenue, Minneapolis, MN

[Check out last year's competition video!](#)

#### Who should apply?

- MPS students enrolled currently in 6<sup>th</sup>, 7<sup>th</sup> or 8<sup>th</sup> grade.
- Students who are interested in good food & cooking!
- Applicants with varying levels of cooking experience will be considered.



#### Application details:

- Application is an online Google form that must be submitted at <http://bit.ly/JIC2017application> by 4pm on Friday, April 14th.
- Students will submit a 1000 character essay explaining why he or she wants to cook with our chefs in this competition. Get creative with your response! *Consider including: when and why you love to cook, your favorite dishes to cook, your previous cooking experience, and why participating in this event is important to you. Note: previous cooking experience is not required!*
- Students must apply individually or with a partner.
- Applications will be judged by the Jr Iron Chef planning committee.
- Selected participants will be notified in early April with further details and a participation waiver.
- This event is open and free to the public. Student participants are welcome to invite family and friends to attend the event!

**All applications must be submitted at <http://bit.ly/JIC2017application> by 4:00pm on Friday, April 14th to be considered.**

Please contact Kate Seybold at [kate.seybold@mpls.k12.mn.us](mailto:kate.seybold@mpls.k12.mn.us) or 612-668-2852 with any questions.