

2017

# APRIL Alternative Lunch



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# Spring Break No School

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<p>10</p> <p>TATER TOT HOTDISH BAGEL YOGURT PACK</p> <p>SALAD BAR</p>	<p>11</p> <p>SWEDISH MEATBALLS WITH ROTINI NOODLES CHICKEN CAESAR SALAD</p> <p>GREEN PEAS</p> <p>SALAD BAR WITH OOOH LALA SALAD (ROOTS FOR THE HOME TEAM)</p>	<p>12</p> <p>CHEESE LASAGNA BUFFALO CHICKEN SALAD</p> <p>GARLIC TOAST</p> <p>SALAD BAR WITH OOOH LALA SALAD (ROOTS FOR THE HOME TEAM)</p>	<p>13</p> <p>#MNTHURS JR IRON CHEF WINNING BBQ CHICKEN CHICKEN CAESAR SALAD</p> <p>DIRTY GRAIN BLEND, GINGERED RADISH SALAD, KAKOOKIE</p> <p>SALAD BAR</p>	<p>14</p> <p>CHEESE OR BEEF PEPPERONI PIZZA CHICKEN CAESAR SALAD</p> <p>SALAD BAR</p>
<p>17</p> <p>SPICY CHICKEN SANDWICH BAGEL YOGURT PACK</p> <p>JOJO POTATOES</p> <p>SALAD BAR</p>	<p>18</p> <p>BEEF OR BEAN NACHOS TACO SALAD OR BLACK BEAN TACO SALAD WITH TORTILLA CHIPS</p> <p>MARKET CART SALAD BAR WITH JALISCO BEAN SALAD</p>	<p>19</p> <p>CHICKEN PARMESAN OR PASTA WITH MARINARA BUFFALO CHICKEN SALAD</p> <p>ROASTED CARROTS</p> <p>MARKET CART SALAD BAR WITH JALISCO BEAN SALAD</p>	<p>20</p> <p>FRENCH HERB CHICKEN, DINNER ROLL CHEF SALAD</p> <p>PARSLEY BUTTERED POTATOES, GREEN BEANS</p> <p>MARKET CART SALAD BAR WITH JALISCO BEAN SALAD</p>	<p>21</p> <p>GARLIC CHEESE BREAD WITH MARINARA CHEF SALAD</p> <p>CALIFORNIA VEGETABLE BLEND</p> <p>SALAD BAR</p>
<p>24</p> <p>ORANGE CHICKEN WITH SOBA NOODLES BAGEL YOGURT PACK</p> <p>STEAMED BROCCOLI</p> <p>SALAD BAR</p>	<p>25</p> <p>HAMBURGER, CHEESEBURGER OR BLACK BEAN BURGER CHICKEN CAESAR SALAD</p> <p>SWEET POTATO WAFFLE FRIES</p> <p>MARKET CART SALAD BAR WITH CURRIED RICE SALAD</p>	<p>26</p> <p>CHICKEN ALFREDO OR PASTA ALFREDO BUFFALO CHICKEN SALAD</p> <p>COUNTRY VEGETABLE MEDLEY</p> <p>MARKET CART SALAD BAR WITH CURRIED RICE SALAD</p>	<p>27</p> <p>TURKEY &amp; GRAVY MASHED POTATOES CHICKEN CAESAR SALAD</p> <p>COUNTRY VEGETABLE MEDLEY</p> <p>MARKET CART SALAD BAR WITH CURRIED RICE SALAD</p>	<p>28</p> <p>BUFFALO CHICKEN FLATBREAD SANDWICH CHICKEN CAESAR SALAD</p> <p>SWEET POTATO WAFFLE FRIES</p> <p>SALAD BAR</p>

**Save the Date!**  
**3rd Annual Junior Iron Chef Competition**  
 May 8th, 5:30 - 7:30pm  
*Free and open to the public!*  
 For more information, visit: [nutritionservices.mpls.k12.mn.us/junior\\_iron\\_chef](http://nutritionservices.mpls.k12.mn.us/junior_iron_chef)



## KNOW YOUR FOOD

- MEATLESS OPTION AVAILABLE
- FARM TO SCHOOL ITEM
- CONTAINS FISH
- TRUE FOOD CHEF COUNCIL RECIPE
- OUR BAKED GOODS ARE WHOLE GRAIN
- SKIM & 1% MILK AVAILABLE DAILY

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